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HOME CARE FOLLOWING TOE NAIL SURGERY

PLEASE FOLLOW THESE INTRUCTIONS TO AID IN YOUR HEALING PROCESS AND MINIMIZE THE CHANCE OF COMPLICATIONS.

1. **TONIGHT:** Leave the bandage in place and soak your feet in lukewarm salt water for 15 to 20 minutes. Make salt water by taking small handful of salt to about 2 quarts water. Remove the dressing after a few minutes of soaking.
2. Bring foot out of water, pat it dry, put prescribed medication on and re-apply light gauze bandage.
3. Soak, apply medication and gauze, twice (2 times) daily until your next office appointment.
4. If you have discomfort, use Tylenol or ibuprofen (whatever you use for a simple headache).
5. **THINGS TO EXPECT:**
 - 1) You may experience bleeding through the bandage. This is normal and no cause for alarm.
 - 2) The toe will probably begin to drain slightly and will continue to do so for up to several weeks. This will stain the dressing. The skin just behind the cuticle may turn red and swell slightly. This is all normal and not cause for alarm.
 - 3) We will see you regularly until the area has healed.
 - 4) Despite the greatest of care, any wound may become infected. If you wound becomes red, shows pus, or red streaks, or you experience increased discomfort, you should call us at the above number.