

Olean Medical Group  
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Nursing Guideline  
**Healthcare Worker Medical Glove Checklist**

**When to wear gloves:**

- When touching patient mucous membranes or nonintact skin
- While performing phlebotomy and other vascular access procedures
- When processing body fluid specimens
- When performing fingersticks or heelsticks
- When touching items contaminated with blood or body fluids
- During patient care when the healthcare worker has hangnails, chapped hands, or other abrasions on the hands

**How to wear gloves:**

- Wear gloves that fit properly
- Before putting gloves on, check for any punctures, discoloration, and other physical defects.....do not use defective gloves
- Fingers are not to be cut out for use
- Remove gloves before handling noncontaminated items such as telephones and when leaving the area
- Change gloves between patient contacts
- Never wash or disinfect gloves for reuse

**How to remove gloves without contamination:**

- Grasp the outside of the glove with the opposite hand and peel off
- Hold the removed glove in gloved hand
- Slide fingers of ungloved hand under remaining glove at wrist
- Peel gloves over first hand
- Discard in waste container
- Perform hand hygiene immediately after removing gloves

**Miscellaneous reminders:**

- Vinyl gloves are never to be worn

The information in this guideline was adapted from "Personal Protective Equipment for Bloodborne Pathogens" from OSHA Healthcare Training