



OLEAN MEDICAL GROUP LLP

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Hand Hygiene

Hand Hygiene is performed to reduce the potential spread of infectious bacteria or viruses, blood borne pathogens or other contaminants to the employee, patients and other members of the public.

Hand Hygiene

- All OMG employees will perform hand hygiene by using one of the following methods:
 - Alcohol based hand rubs (ABHR) or sanitizer
 - Ethanol based product that is greater than 60%
 - Isopropanol product that is greater than 70%
 - ABHR products reduce the number of germs on your hands and is more effective at inactivating the SARS-CoV-2 virus.
 - Soap and water
 - Hands should be washed/scrubbed with soap and water for a minimum of 20 seconds.

Hand Hygiene during routine patient care:

ABHR	Soap and Water
Use immediately before and after patient contact or contact with the patient exam area	When hands are visibly soiled
Before performing an aseptic task or handling invasive medical devices	After caring for a patient with known of suspected infectious diarrhea (ie C-Diff)
When moving from soiled area on a patient to a clean area on the patient	When hands are suspected to be contaminated
After contact with contaminated surfaces	Before eating or leaving the office
Before and after donning or removing gloves	
When hands are suspected to be contaminated	

References:

(CDC) Centers for Disease Control and Prevention (January 2020). *Hand Hygiene in Healthcare Settings*. Retrieved May 21, 2020 <https://www.cdc.gov/handhygiene/providers/index.html>

(CDC) Centers for Disease Control and Prevention (May 17, 2020). *Hand Hygiene Recommendations Guidance for Healthcare Providers about Hand Hygiene and COVID-19*. Retrieved May 21, 2020 <https://www.cdc.gov/coronavirus/2019-ncov/hcp/hand-hygiene.html>